



American Heart Association®

**KIDS  
HEART  
CHALLENGE™**

**AMERICAN  
HEART  
CHALLENGE™**



# Kenzie

## Survivor, Grade 10

Kenzie was born with a heart rhythm problem called supraventricular tachycardia that can make her heart beat very fast. When Kenzie was 6, her heart started racing during basketball practice. Doctors later found the cause and helped fix it with a procedure.

Kenzie keeps her heart healthy by working out, playing basketball and eating nutritious foods. She is sharing her story through the Kids Heart Challenge/American Heart Challenge to encourage others to learn the lifesaving skill of CPR and to help the American Heart Association continue to fund research that improves and saves lives.

The **Kids Heart Challenge** and **American Heart Challenge** funds research that helps kids have longer and stronger lives. Your support helps families have hope and for that they are so grateful.

**Together, we are creating a world of longer, healthier lives.**